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BLUE GUM SWAMP TRACK

WINMALEE

4.5 KM - EASY/MEDIUM GRADE
3 HR RETURN (or 9km/5hr circuit around the Shaw's Ridge Track)

DISCOVERY WALKS, TALKS AND TOURS

Special thanks to project partners for support and funding

Stronger Families Alliance

GREATER BLUE mountains WORLD HERITAGE AREA

blue mountains Lithgow & Oberon Tourism

Australian Government

blue mountains City Council Environment Levy

Bush Trackers
explore the bush
with guides for kids by kids

BLUE GUM SWAMP TRACK • 4.5 km • easy/medium grade • 3 hr return
(or 9km/5hr circuit around Shaw's Ridge Track)

WHAT TO BRING IN YOUR BACKPACK

- a bottle of water
- plenty of snacks
- a raincoat
- warm clothes in winter
- small plastic bag for rubbish
- small torch
- camera
- pencils for drawing
- wear a hat. sunscreen and
- enclosed walking shoes
- a small first aid kit could be useful

BUSH TRACKER SAFETY

Safe Bush Trackers are prepared and
- know your track and take your map
- ask permission from an adult and let them know where you are walking and when you return
- don't go near cliff edges and stay behind safety fences.

MINIMAL IMPACT BUSH TRACKING

means you try to do no damage at all to the environment so that someone following you could not tell you had been there.
Take nothing but photos. leave nothing behind:
- always keep to the track and tread softly and quietly
- don't pick the flowers or plants in the bush
- be gentle and careful if you touch things (don't touch snakes and spiders!)
- carry your rubbish out with you
- Bush Trackers walk in small groups (4-15 people)

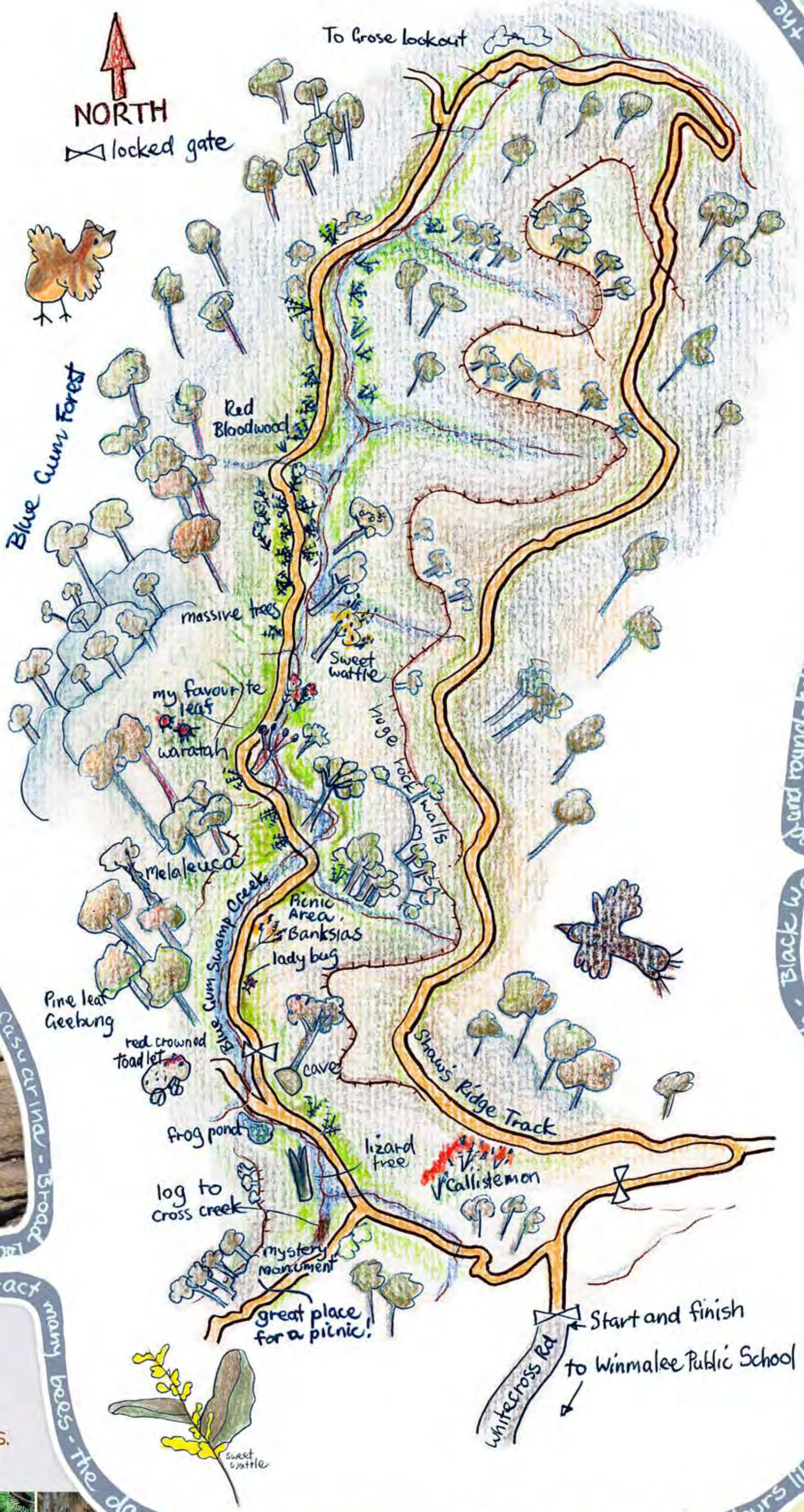
NSW National Parks and Wildlife Service Discovery Rangers guide Stage 2 school kids aged 8-10 years old on a local bushwalk. encouraging the kids to share their experience through words. poems. drawings and photos. PerformingDesign used these to create the map and guide to encourage other kids and families to safely enjoy the bush.
The Bush Trackers project helps create a child friendly community in the Blue Mountains and grew from support of the Stronger Families Alliance (www.strongerfamilies.co) and is coordinated by Jacqueline Reid with the assistance of Lucy McGarry and help from teachers. parents and kids!
For more information and tips go to: www.bushtrackers.com.au: www.wildwalks.com or www.environment.nsw.gov.au/nationalparks
We respectfully acknowledge the Traditional Custodians of this place.

Created by PerformingDesign from artwork by Stage 2 Winmalee Public School students

Printed by Springwood Printing Company

The Blue Gum Swamp Track (the west section of the Shaw's Ridge Circuit Track. 9km in total). is 4.5km and about three hours return.

This meandering track begins at the end of White Cross Rd and then turns left down the hill and follows the Blue Gum Swamp Creek. Check out the side track leading to 'Mystery Monument' - a great place to have a picnic and explore old stone walls and huge fern draped overhangs. Back on the Blue Gum Swamp Track there is plenty to discover with rock walls and overhangs to explore. wattles. geebungs. bottle brushes and many bird species to see. If you're lucky. you might find a vulnerable red-crowned toadlet. their tadpoles are sometimes in puddles along the track. In fact there are several types of frogs which call this area home! Continue along through the forest and look up at the huge. majestic Blue Gums. From here you can return back along the Blue Gum Swamp Track or if you're feeling keen. continue east around the Shaw's Ridge Track to your starting point at White Cross Rd. This full circuit is 9km which can also be a great adventure on your mountain bike!



Look
can you find these flowers or seed pods?

Write words that describe what you see. hear or feel (adjectives)

Listen
how many different bird calls can you hear?

Look
If you are quiet and look carefully you might see some creatures.

Touch
bark. water. leaves. moss. rocks

Things not to touch
snake holes. fungi. spiders. insects.

Find these and tick the box